



FRIEDMAN SCHOOL SYMPOSIUM

Dietary Guidelines 2010: The Right Stuff

SEPTEMBER 19 - 21
BOSTON, MASSACHUSETTS

*“Nutrition is not a discipline,
it is an agenda.”*

– JEAN MAYER

TUFTS
Friedman School
of Nutrition Science and Policy



Dean's Invitation

Dear Colleagues:

Getting Dietary Guidelines “right” may be the single most critical step to addressing the growing and preventable health crises of heart disease, obesity, diabetes and others serious illnesses affecting American and world populations.

The private sector has increasingly used dietary guidelines in promoting their products. Because of their growing reach, each subsequent development of the dietary guidelines leads to higher visibility and, occasionally, more contention.

The First Annual Friedman School Symposium will provide a forum for linking cutting edge nutrition science to policy and programs that will help shape the 2010 Guidelines. The Friedman School of Nutrition Science and Policy at Tufts University is the only school of nutrition in the United States.

Our degree programs include Basic and Clinical Nutrition, Applied Nutrition, and Communications and Policy.

I invite you to join us this September 19 – 21 in Boston as we ask questions and offer a rich scientific program that will offer solutions and guide us toward the 2010 Dietary Guidelines.

Eileen T. Kennedy, D.Sc.

Dean

Friedman School of Nutrition Science and Policy

Tufts University

Boston, Massachusetts

The latest information on the scientific program, keynote speakers and registration will be posted to the Friedman School at Tufts University web site.

visit our website: <http://nutrition.tufts.edu>

Program Highlights

A Cutting Edge Science and Policy Program

- Dietary Guidelines & Obesity: What Do We Really Know?
- A Timely Marriage: Dietary Guidelines and DRIs
- Vitamin D in 2006: Bone and Beyond
- Bioactive Food Components: Should They Be Considered in 2010 Dietary Guidelines?
- Pyramid, Pagoda, Bowl: Does It Matter? Global Dietary Guidelines

Two Evening Banquets with Nationally-Recognized Speakers

Who Should Attend?

The 2010 Dietary Guidelines will have sweeping influence on industry, health officials and policy makers. The Symposium will provide an unbiased and neutral forum for engaging scientists and policy makers from the government, the public and private sector to discuss high-priority nutrition research issues. The multi-disciplinary approach to nutrition and policy will make this Symposium a priority meeting for all persons affected by the coming 2010 Dietary Guidelines.

Learn More & Reserve Your Place

Space will be limited. Go to <http://nutrition.tufts.edu> and follow the links for the Symposium. Reserve a no-obligation space, request a brochure, and learn more about the Symposium on line.

PROGRAM COMMITTEE CO-CHAIRS:

Simin Nikbin Meydani, DVM, PhD, Associate Director, USDA Human Nutrition Research Center

Robert Russell, MD, Director, USDA Human Nutrition Research Center



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Save the Dates

SEPTEMBER 19 - 21

TO REGISTER: Visit <http://nutrition.tufts.edu>

Official Symposium Hotels:

Host Hotels: Visit the Symposium Web Site for information on reduced rates on Boston hotels near the conference. Rates start as low as \$169/night plus tax.

Official Airline: **AmericanAirlines**[®]

American Airlines is the official airline for the Symposium. Most fares are discounted an additional 5% off the lowest applicable fare. Visit American Airlines web site, AA.com, and enter "A9996AG" as your Discount Code. For full details on American Airlines discounts, see the Symposium web site.

For Sponsorship Opportunities, contact:

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